

# **The 14<sup>th</sup> SAA 'From Shame to Grace' Mixed Spring Retreat**

17<sup>th</sup> to 19<sup>th</sup> March, 2023  
Douai Abbey, Berkshire

*A weekend of fellowship, recovery and spirituality for men and women in SAA*

Join us from Friday evening to Sunday afternoon for SAA meetings, meditation, fellowship and relaxation in the grounds of Douai Abbey. Our events are planned around the daily Offices of the Benedictine Monks in the Abbey, offering an opportunity to attend their services throughout the day, if you wish.

The all-inclusive cost is

Waged	£ 175
Un-Waged	£ 90

Accommodation is available for up to twelve guests. Places are reserved upon payment of a £30 non-refundable deposit (£15 for Un-waged). Limited bursaries may be available to those considering attending but experiencing financial hardship. Please ask for details. The balance will be due before the 25<sup>th</sup> March.

The Abbey have asked that we confirm final numbers by early March. There may be places available beyond then but a reservation is no longer guaranteed.

To book a place, please use the weblink or QR code below and complete the webform.



<http://bit.ly/3khNui4>

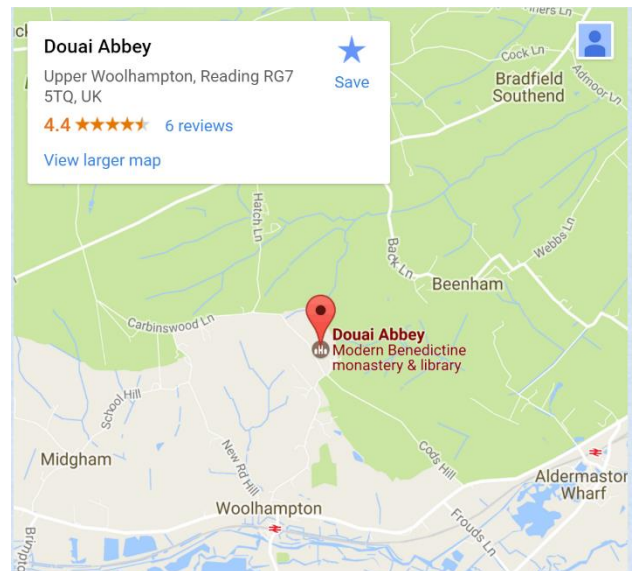
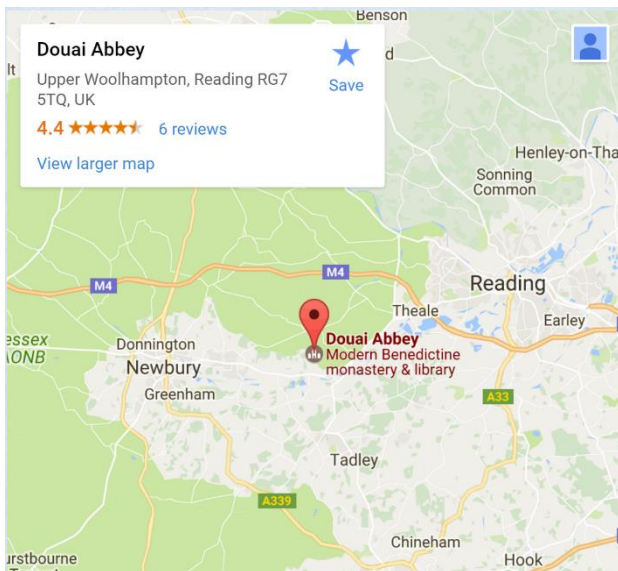
If you have any queries please contact Matt at :

[SAAUKSpringRetreat@gmail.com](mailto:SAAUKSpringRetreat@gmail.com) / 07989 855 958

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More details about the location can be found at the Douai abbey website here :

<http://www.douaiabbey.org.uk/>



Douai Abbey can be reached by car and is just off the A4 at Upper Woolhampton between Reading and Newbury. The Nearest train station is at Midgeham