***OPENING: 6.30pm (6:45pm on Thursday)***

***Notes for Secretary***

* ***Before the meeting starts, ask someone on a phone to have the JPEGs ready for How it Works, Twelve Steps and Step 9 Promises.***
* ***Make sure Private Messaging is disabled for the duration of the meeting. This can be turned on after the meeting.***
* ***Remind all attendees of Zoom etiquette (this is just suggested text, just cover the key points): “Although this is an online meeting we would like to keep to the spirit of an in-person meeting. That includes where possible:***
  + ***having your camera turned on***
  + ***not speaking to other members while the meeting is in progress and other behaviour that we would not expect at an in-person meeting.***
  + ***If you are phoning in to the meeting, I’ll ask you to identify yourself to help us keep the meeting a safe place for all.***
  + ***I’ll also ask you all to keep your lines muted when not speaking and may mute lines that haven’t been muted at the appropriate times”***
  + ***We are also not facilitating break out rooms at the moment - members can exchange phone numbers if they wish to speak***

Good evening everyone, welcome. This is the There Is A Solution meeting of Sex Addicts Anonymous. My name is …… and I am a sex addict.

Could those attending online and on the phone please keep your devices muted unless it is your turn to speak and could everyone please try to keep disruptions to a minimum.

SAA is a fellowship of men and women who share our experience, strength and hope with each other so that we may stop our compulsive sexual behaviours and help others to recover from sexual addiction and dependency. Membership is open to all who share a desire to follow this simple programme.

Our programme is based on the Twelve Steps and Twelve Traditions of Alcoholics Anonymous, but we are not affiliated with AA or any other organisation or agency. We are not a religious organisation or aligned with any sect or denomination. Our only connection with the organisation that operates this service is that of a renter of meeting space.

This group is fully self-supporting from the voluntary contributions of our members. We receive no outside donations. There are no fees or dues. We pass the pot at each meeting and you are free to contribute to our work as you see fit.

This is not a place to meet sexual partners nor is it group therapy. We try to listen respectfully to what others have to say and to share our experience as it seems appropriate. We do not give advice. While we all strive for sexual sobriety, its achievement is not a requirement for attendance or participation.

Anonymity is a cornerstone of the Twelve Step Programme. We use only our first names. Whatever our status or position outside this group is not an issue here. Our common bond is our desire to stop compulsive sexual behaviours and to live sexually healthy lives. Anonymity and confidentiality are essential to this being a safe place for us all. Whoever you see here, whatever you hear here, let it stay here when you leave here.

We hope you will join in sharing the collective experience, strength and hope that is ours when we work the programme and trust our Higher Power to deliver the promises. If you are new or having a trying time, remember that others have been there too. Keep coming back. It works!

Could we have a moment’s silence to remember Tradition 5; that *each group has but one primary purpose – to carry its* *message to the sex addict who still suffers* (15 seconds or so…)

Thank you. I have asked …… to read ***How it Works.*** *[person shares this image on screen]*

Thank you. I have asked …… to read ***The Twelve Steps.*** *[person shares this image on screen]*

This is a closed meeting. Please remember each group has but one primary purpose\*; to carry its message to the still suffering sex addict.\* \*\*\*\*

**SUNDAY MEETING TOPIC: 6.35pm**

**1st Meeting of the Month:Main Guest Share**

And now I have asked …… to share for us. Your line will be muted for the duration of their share] (15 minutes)

**2nd Meeting of the Month: Twelve Steps & Twelve Traditions Step Reading**

The following reading is translated into terms of sex addiction from the book “Twelve Steps and Twelve Traditions”. Although the events in this text originally took place with alcoholics, we have found that it describes our experiences of recovery from compulsive sexual behaviour. I have asked … to read this to us today.

**3rd Meeting of the Month: Outer Circle article reading**

**4th Meeting of the Month: Big Book Reading**

The following reading is translated into terms of sex addiction from the book “Alcoholics Anonymous”. Although the events in this text originally took place with alcoholics, we have found that it describes our experiences of recovery from compulsive sexual behaviour. I have asked … to read this to us today.

\*\*\*\* book mark \*\*\* How it Works page 32 para 4 “This is how......”\*

**5th Tools of the program**

We will now have a reading from… Please read a few paragraphs or pass it on if you’d prefer. I have asked … to read this to us today.

**SHARING GUIDELINES: 6.50pm (7.05pm)**

When sharing, please be sensitive in your use of language and avoid mentioning specific places, publications, broadcasts or services. Please use “I” statements, rather than “You” or “We” statements and avoid cross-sharing and referring to other members by name. ***In case of a main share:*** You may, however, wish to refer to [the main sharer] by name when speaking about his share.

Could you try to keep your shares to approximately 5 minutes and please do not be offended if you are asked to stop by me texting you in the chat box, or interrupting you. The meeting is now open.

**CLOSING: 7.25pm (7.40pm)**

We have come to the end of the meeting and I have asked …… to read **THE STEP 9 PROMISES** from pages 83 and 84 of the book “Alcoholics Anonymous”.

This group recommends that all sex addicts get a sponsor and work the Twelve Steps.

If you have worked the Twelve Steps of SAA and are available to sponsor please, if you are willing, add your number to the group chat now. If you are looking for a sponsor please approach one of these group members or speak to me, the secretary, for help finding an available sponsor. You may also share your number in the chat if you are happy for other members to call you for fellowship. After the meeting the host will stay on the call for five minutes to give members a chance to take phone numbers and also give newcomers a chance to ask questions or stay for fellowship.

Please remember\*\*\*:\*\*\* “Who you see here, what you hear here, when you leave here, let it stay here.”

And could you remember **Tradition 7 –** that we are fully self-supporting from our own contributions.

You can donate to the UK Intergroup at [saauk.info/donate](http://saauk.info/donate) or the Telemeetings Intergroup at [saatalk.info/donate](http://saatalk.info/donate)

***As the pot is being passed around, introduce any announcements from:***

* ***GSR (check prior to commencement of meeting)***
* ***Treasurer Report (usually 1st meeting of the month)***

And now …… has an announcement.

This group next meets on: Sunday the …… using the same link and number at 6.30pm. We’ll be open for fellowship 15 minutes beforehand.

Finally, I would like to thank all those who do service at this meeting. Would you please join me in the serenity prayer.

**God, grant me the serenity**

**to accept the things I cannot change,**

**courage to change the things I can**

**and the wisdom to know the difference.**