

Good evening to everyone here; welcome to Wednesday night's meeting of SAA Oxford. My name is _____ and I am a sex addict.

To open the meeting, please will you all join me in the Serenity Prayer using the word God as you understand God...

[serenity prayer]

God, grant me the serenity to accept the things I cannot change
Courage to change the things I can
And wisdom to know the difference

For those of you joining via Zoom, please go on mute until it's time for introductions and sharing time and fellows in the Café, please be respectful of ambient noise

Thank you.

This group also has **two sister meetings on Tuesdays from 6.45pm &** Sundays from 6pm, with which we share a WhatsApp group. There is also Newcomer's literature available.

If you'd like to join the WhatsApp group, or find out more, please put your number in the chat or stay after the meeting. Please also feel free to stay after the meeting if you would like further fellowship.

A very warm welcome to any visitors or newcomers here this evening. This is a closed meeting of SAA, meaning that all people here identify with being a sex addict or have a desire to stop addictive sexual behaviour. Is there anyone here attending their first (or one of their first six) SAA meetings this evening?

[if newcomer]: LETTER TO NEWCOMERS]

[if women newcomers: There is a link for women to find women's groups and women sponsors, which is being posted in the chat now.]

<https://saauk.info/en/women>

Secretary: Since this is (name(s)) first meeting I will read the **LETTER TO NEWCOMERS:**

Dear Newcomer, Welcome to SAA – **read if possible by the Newcomers' Rep**

When we came to our first meeting many of us were having a variety of feelings. **We were relieved to have found a place where our pain and despair might be understood. We were angry that we had to get help and couldn't manage this part of our lives.**

We felt lonely and were ashamed of our sexual history. We had secrets that we were reluctant to share. We were distrustful, guarded and frightened. We had been abused and we had abused others. We were sex addicts and needed help.

The Our programme of SAA is patterned after the Twelve Step Programme of Alcoholics Anonymous. Here we learn a new way of living. We learn, at our own pace, to experience intimacy and sharing with others in a healthy way.

We learn to trust; to express our feelings; to ask for our needs to be met; to say *no* when *no* is appropriate; and to stay around when all we want to do is run. Here no one shames us for what we have done **or are still doing.** Here we have a safe harbour within which to heal. **and for that we are grateful.**

The only requirement for membership in SAA is a desire to stop compulsive sexual behaviours. It is a programme of progress, not perfection. If you are willing to be honest and have a desire to have and maintain healthy relationships, then you are in the right place.

It is suggested that you attend at least six meetings before you decide whether the programme is for you. **At your first meeting W**e encourage you to talk to others and exchange telephone numbers with those you relate to. We also suggest that you select a temporary sponsor to assist you in learning the basics.

The selection process is easy: all you do is ask someone you relate to, to whom you are not sexually attracted, if they would be willing to be your **sponsor or temporary sponsor** until you learn your way around. **Our newcomer's rep _____ name _____ can help you with this.**

At a later date, after you have got to know us better, we suggest you choose a permanent sponsor or co-sponsor.

In addition to attending meetings and talking with others we suggest you read our primary text *The Green Book*. There is also Newcomer's literature available.

post in the chat the literature PDF
if appropriate: Women's and LGBTQI+ links
<https://saauk.info/en/women> & <https://saauk.info/en/lgbtq>

We are happy that you are here, for it is the newcomer that keeps SAA alive and well. We encourage you to take it one day at a time and keep coming back.

Please may I ask someone to read the **PREAMBLE**.

Preamble

- Sex Addicts Anonymous is a fellowship of people who share their experience, strength and hope with each other so that they may find freedom from addictive sexual behaviour and help others recover from sexual addiction
- Membership is open to all who share a desire to stop addictive sexual behaviour. There is no other requirement
- SAA is supported through voluntary contributions from members
- We are not affiliated with any other twelve-step programs, nor are we a part of any other organisation. We do not support, endorse or oppose outside causes or issues
- Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. We are grateful to AA for this gift which makes our recovery possible

Thank you. Please may I ask someone to read the **PROBLEM**:

The Problem

Many of us find that our histories have several characteristics in common. Early on, as children and adolescents, we had come to feel disconnected - from siblings and peers, from parents and from ourselves. We felt inadequate, unworthy, alone and afraid. Our insides never matched what we saw on the outsides of others.

We lost the ability to trust in others to fulfil our needs for nurturing and security. To compensate for our loss, we started to develop a reliance upon sexual experience as a way of escaping the pain and the emptiness of our lives. Some of us feared being sexual at all - we weren't able to see that our sexuality was healthy and God-given.

Looking for love in all the wrong places, we became true addicts: - promiscuity, dependent relationships, abusive relationships, pornography, compulsive masturbation, anonymous sexual encounters, and much more besides. We got it through the eyes. We bought it, we sold it, we traded it, we gave it away.

Addicted to the tease, to the forbidden, to the 'high', we abused others and we abused ourselves. In a vicious downward spiral of despair, we acted out to try to take away our pain, but this only increased our self-hatred which, sooner or later, we would try to ease again by acting out.

The more we did it the more difficult it was for us to stop. We risked our relationships, our jobs, our health, our freedom, even our lives. We felt guilty, ashamed and in pain, and we were driven ever inwards, away from reality, away from love, lost inside ourselves.

Our addiction made true intimacy impossible. Lust killed love. We took from others to fill up what was lacking in ourselves, and, in desperate search of the Big Fix, we turned other human beings into objects of our gratification. We could never know true intimacy with another because we were addicted to the unreal, the chemistry, the intoxication and the intensity of the pursuit.

We looked for the instant hit, the danger, the connection that had the magic, because it bypassed intimacy and true union with another, which we feared more than death. Conning ourselves time and again that the next one would save us, we were really losing our lives.

In the solution, by surrendering again and again to the discipline of meeting with each other, we find that people, without knowing it, through the honest revelation of their own lives, confront us with our disease as it really is; and, by bringing our disease out of the shadows and into the light of the meeting, we deprive it of its source of power, which is in our secrecy and shame.

As time passes, we gradually realise that we are coming to accept ourselves and to recognise that we really do have worth and value. Our healing has already begun.

Thank you.

Thank you. Please may I ask someone to read the **Twelve Steps of Sex Addicts Anonymous:**

Twelve Steps of Sex Addicts Anonymous

Attending SAA meetings starts us on a new way of life. But while the SAA fellowship supports our recovery, the actual work of recovery is described in the Twelve Steps. Meetings are forums for learning how to integrate the steps into our lives. Working the Twelve Steps leads to a spiritual transformation that result in sustainable relief from our addiction:

1. We admitted we were powerless over addictive sexual behaviour - that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove all our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to all such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory, and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to other sex addicts and to practise these principles in all areas of our lives.

Thank you. Please may I ask someone to read the Twelve Traditions of Sex Addicts Anonymous:

Twelve Traditions of Sex Addicts Anonymous

1. Our common welfare should come first; personal recovery depends upon SAA unity.
2. For our group purpose there is but one ultimate authority - a loving God as may be expressed in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership in SAA is a desire to stop addictive sexual behaviour.
4. Each group should be autonomous except in matters affecting other groups or SAA as a whole.
5. Each group has but one primary purpose - to carry its message to the addict who still suffers.
6. Our fellowship ought never to endorse, finance, or lend its name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Each group ought to be fully self-supporting, declining outside contributions.
8. Sex Addicts Anonymous should remain forever non-professional, but our service centres may employ special workers.
9. SAA as such, ought never be organised; but we may create service boards or committees directly responsible to those they serve.
10. Sex Addicts Anonymous has no opinion on outside issues; hence the SAA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, TV and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

In accordance with tradition 5, can we now have a moment of silence to remember why we are here, and for the still suffering addicts inside and outside this room. [short silence]

We now come to Group Introductions in which we each introduce ourselves by our first name, ~~only, any short description that might be appropriate and~~ if we wish our bottom line and ~~very briefly~~ how we are feeling at this moment.

~~Sharing time of no more than thirty seconds please.~~ There will be time later ~~on~~ in the meeting to share at greater length.

Introductions start in the café and then we ~~We will~~ follow the order of the list ~~e~~ in the chat, ~~starting with _____...~~

[wait for introductions]

Check that anyone not had a chance to introduce themselves? [wait a few seconds]

We now offer up a short period up to 5 minutes for of any group business if needed.

Read out the service positions: The Service positions for this meeting are:

Secretary Miles

Treasurer Matt

Zoom Eduardo

Room tech and Miles and Phil

Acting GSR Shaun

Newcomer rep James

Outreach Carl

Are there any group announcements, apologies or points for discussion? **[wait a few seconds]**

Thank you. The format of this evening's meeting will be:

[If there is a Newcomer]

We will be reading the chapter on Our Addiction, a page or paragraph at a time. If you don't wish to read, then please pass. Once we have fully completed the chapter the meeting will be open for sharing. We will continue to share until 8:42pm, in order to close the meeting on time at 8.45pm.

[reading: READ FROM THE GREEN BOOK]

[First Wednesday of the month - Tools of Recovery]

We will be reading from Tools of recovery today. Fellows will get the chance to pick a number between 1 and 38 and read the corresponding chapter in the Tools of Recovery booklet. You will then get a chance to share back on your experience of the tool. You do not need to wait until you pick a number to share your experience. If you find a tool chosen by someone else resonates with you, you can also share. We will continue to read and share until 8:42pm in order to close the meeting on time at 8.45pm.

[All other Second week - reading from our basic text, Sex Addicts Anonymous (Green Book)]

We will be reading **Step of the Month** from our basic text "Sex Addicts Anonymous"

We will read a paragraph or a page at a time and have the opportunity to share back immediately. If you don't wish to read, or share, please pass. We will continue to read and share until 8:42pm in order to close the meeting on time at 8.45pm.

[Main Share] (last Wednesday of the month)

I am happy to introduce _____ from _____ group who has joined us tonight to share what addiction was like for [him/her], what happened and how recovery is for [him/her] today. Sharing time will be 15 - 20 minutes. (Ask the Fellow giving the Main Share if they would like reminders of time left during their share). The meeting is yours.

[MAIN SHARE]

Thank you _____ for your share. Shortly I will open the meeting for sharing back on _____'s share and for general sharing –

[Third week - reading from our basic text, Sex Addicts Anonymous (Green Book)]

We will be reading Tradition of the Month from our basic text "Sex Addicts Anonymous"

Please may I ask someone to read the **GENERAL SHARING GUIDELINES**

We now come to General Sharing.

We encourage you to share your experience, strength and hope.

We also encourage you to bring into the light of the meeting those behaviours and experiences which causes you shame; to deprive them of their power which is in their secrecy.

Please however, in your use of language, be sensitive to the safety of others. So please avoid naming specific places, publications, broadcasts or services.

It is important that we can share without fear of interruption, contradiction or criticism. Therefore, we do not judge nor offer advice on what other fellows say. We do not interrupt one another or engage in discussion. When sharing, we use "I" statements, we avoid using the words "you", "we" and "one".

But if you feel the guidelines are not being followed, please raise your hand, asking for the Guidelines to be read again.

We will open sharing to reluctant sharers and those on telephone towards the end of sharing time, and we'll finish at around 8:42 in order to close the meeting on time at 8.45pm.

Due to the number of people I am going to suggest a sharing time of ___ minutes

May I please have a spiritual timekeeper?

The meeting is now open.

[WATCH FOR 'SHARE' ON THE CHAT]

[WATCH FOR TIME]:

Reluctant sharers 8:37

End of sharing time 8:42

Note: There are 2 types of "violations": a) technical violation, which is when someone slips a "you" or a "we" by accident but doesn't cause offence, and b) serious violation, for example, when someone causes offence or distress to another person; or uses the share for another purpose than recovery, or violates the traditions. The idea is to interrupt as a last resort, and only for a serious violation.

[8:42] Thank you to everyone here this evening for making this meeting possible. It's the end of sharing time but not the end of the meeting.

Can we remember Tradition 7: "Each group ought to be fully self-supporting, declining outside contributions."

Newcomers are not required to contribute.

Our Treasurer is Matt, so if you want to make a donation, please contact him and he will send you the bank details.

Wait for the cup to come to a rest.

Can we have what is promised if we follow this programme of recovery?

[READING: THE NINE STEP PROMISES]

If we are painstaking about this phase of our development, we will be amazed before we are half-way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it.

We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone we will see how our experiences can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realise that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not.

They are being fulfilled among us: sometimes quickly, sometimes slowly. They will always materialise if we work for them.

Thank you. In SAA we encourage you to work the Twelve Steps with a sponsor. If you don't have a sponsor, speak to the secretary after the meeting and I will try to arrange a temporary sponsor for you.

Would all those who are willing to be a sponsor, permanent or temporary, please raise their hands. (Wait for hand raises)

We would like to mention Tradition 12: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities." We would like to emphasise the importance of a safe place to share. So please remember... Who you see here, what you hear here, when you leave here, please let it stay here.

To close the meeting, please join with me in the Serenity Prayer, using the word God as you understand God...

God, grant me the serenity to accept the things I cannot change
Courage to change the things I can
And wisdom to know the difference

Opening a Group Conscience - 2-minutes after the end of the main meeting

GSR or Secretary: Welcome.

This is the Group Conscience of the Oxford Wednesday Meeting of Sex Addicts Anonymous.

A Group Conscience is a special decision-making meeting for this group to consider an issue that it was felt needs more time than could be given during Group Business.

This Group Conscience was called to consider [describe briefly the reason for the Group Conscience]

Finance Report

Service Positions

Any other topics

In August last year, this group decided that whilst we aim for unanimity, motions - posted a week ahead - may be carried by a two-thirds majority.

Abstentions are not counted. Fellows who have attended six or more Wednesday meetings are eligible to vote.

As a courtesy I am going to set a maximum of 30 minutes for this Group Conscience.

If we have not reached an agreement by a quarter past nine, we can schedule more time later.

In any case I will summarise any decisions and progress made and record them in the WhatsApp group.

Please may I have a volunteer to read the Traditions, which are there to keep us safe.

<the Traditions>

Thank you. The Group Conscience is open.

Closing a Group Conscience

GSR or Secretary: That is the end of this Group Conscience. .

either: This Group Conscience has decided [*briefly describe the group decision*]

or: Unfortunately this question needs more time, which I shall schedule for next week.

in any case:

In closing:

The opinions expressed here tonight were strictly those of the person who gave them.

Take what you like and leave the rest.

The things that you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind.

Remember that anonymity is a core tradition on which the programme depends.

To close the meeting, please join with me in the Serenity Prayer, using the word God as you understand Him, Her or It to be...

God, grant me the serenity to accept the things I cannot change
Courage to change the things I can
And wisdom to know the difference

History of Group Conscience Decisions

Group Conscience - Wednesday 2 March 2022:

The agreements from tonight's Group Conscience were:

1. to rename The Promises the Step 9 Promises

We connect the Promises to Step 9 - making amends to those we'd harmed - because the spiritual principle involved is that of forgiveness, not only from others but forgiveness to ourselves, which can bring healing to both parties

2. in the introduction to change "fellowship of men & women" to "fellowship of people"

3. to adopt the proposed sharing guidelines, - especially the removal of the word violated:

Therefore, we do not judge nor offer advice on what other fellows say. We do not interrupt one another or engage in discussion. When sharing, we use "I" statements, we avoid using the words "you", "we" and "one".

But if you feel the guidelines are not being followed, please raise your hand and ask for the Guidelines to be read again.

4. to read out Group Servants' names in Group Business

We ran out of time to discuss reading the 12 Traditions after the 12 Steps.

Group Conscience - Wednesday 11 January 2022:

The agreements from tonight's Group Conscience were:

- a discussion about violating sharing guidelines led to a decision that new wording that Shaun will integrate some additional words into the existing Sharing Guidelines, ironing out any ambiguities and looking at the appropriateness of the word 'violate', with special help from Gavin & treasurer Matt, so that this may be ratified at next week's Wednesday meeting.
- it was also decided that, subject to Oxford Sunday, the three Oxford meetings will share a telephone and email oxford@saauk.info
- Oxford Wednesday will now pay telephone account holder Carl the sum of £70 as their contribution to telephone cost for 2021.
- Oxford Sunday is asked to make the same, for 2021, please.
- work will go on outside of the Group Conscience to migrate the telephone account holder to treasurer Matt, if practicable, and to make sure more than one fellow has the GiffGaff login credentials.
- the GSR's of the respective meetings are then to agree telephone & email operational principles, outside of this Group Conscience.
- all three meetings need to boost their Tradition 7 to allow payment of telephone and other costs in 2022.
- some work will go on this week between James and Shaun to fashion out a wider role for the Oxford Wednesday newcomers' rep, the role currently fulfilled by James.

Group Conscience - Wednesday 10 November 2021:

The agreements from tonight's Group Conscience were:

- the Secretary will continue to read from the Café
- subject to a test next week, the treasurer will pay Adam for his microphone circa £40 from reserves
- Shaun will write a clause into the script to guide the secretary to interrupt errant readers with, "it is the tradition here is that we read the script faithfully"

Please may we have up to three volunteers - let's say on a limited 6-week basis - to:

- open up
- do timely technical set up
- act as Café-based Secretary

Group Conscience - Wednesday 6 October 2021:

The Group Conscience tonight decided that for the next three meetings, the secretariat would be from the Vintage Refresh Café

Wednesdays 13, 20 & 27 October

With a [review Wednesday 27 October 2021](#)

The secretary would be decided on the night

Eduardo agreed to co-host in case of a failure and for script sharing

Shaun will add a reminder in the script, to fellows in the Café to be respectful of ambient noise

Miles says he'll recommend better devices to be used in the Café

Treasurer's Report - Wednesday 6 October 2021:

Following on from tonight's meeting, If anyone wishes to make a Tradition 7 contribution via BACS transfer the details are :

Account name Matthew D B

Sort code 77-27-06

Acct number. 33955460

Can I please ask that you reference the payment OxWeds.

The current balance is [£173.40](#)

Rent has all been paid until and including 27th Oct with four weeks rent costing £50 in total.

Next payment will be made by 30th Oct for the following four weeks. As agreed today Modris will be getting a spare set of keys cut which he will be reimbursed for. Many thanks Matt

Service Positions Vacant - Wednesday 6 October 2021:

Two National Helpline Servants

National Email Servant to work with Phil C

International

Group Conscience - Wednesday 12 May 2021:

The Group Conscience was broadly in favour of returning to physical meetings from Wednesday 2 June @ St Albans Hall, though continuing to run a Zoom stream too.

Modris was good enough to say he would be keysafe # holder and open up the venue; Shaun will talk to others who are local to Oxford, to hopefully find a technician. Volunteers please put their mark here >

Group Business - Wednesday 7 April 2021:

Post in the Chat:

Service positions:

Secretary: Tommy
Host & Script: Eduardo
Literature: Tommy
Treasurer: Matt
Contact: Phil
GSR: Shaun temporary

Carl asked if Outreach should be focused on Oxfordshire therapists or nationwide?

As the role of national Outreach Servant is to be voted on Saturday 24 April, may I suggest that we concentrate on Oxfordshire until we know the new Servant's plans?

* * * * *

intergroup motions by 10th

* * * * *

I propose to postpone a discussion about returning to physical meetings & the need for Public Liability insurance - until we hear back from St Albans Hall

I believe Treasurer Matt is looking into insurance?

* * * * *

Wednesday 10 February:

The decisions in tonight's Wednesday Night Oxford SAA Group Conscience are:

- to be added to the introductory script: "hang around after the meeting if you would like further fellowship"

- sharing will go back to being spontaneous though the Secretary will say "Please introduce yourself if you wish to share, or put your name in the chat and I will call your name; the meeting is open"

- towards the end of the meeting, at the secretary's discretion dependent upon meeting size and structure, reluctant and telephone fellows will be invited to share

- Treasurer Matt proposed that £300 of current £671 reserve be donated to one of the committees to those they serve; Shaun proposed that that committee be the international ISO in Houston and that that decision would be taken at a further Group Conscience after other fellows have had a chance to consider this proposal.

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Dated: Wednesday 12 August 2020

Oxford Wednesday Night SAA Meeting Group Conscience Guide

As a courtesy, **Group Consciences should be limited to 30'**. If discussions are incomplete, more time may be booked.

1) Principles:

- a) Decisions of the group conscience must be made with reference to the 12 traditions of SAA, especially tradition 5 which states our primary purpose to carry our message to the addict who still suffers
- b) In order to reach decisions that reflect the will of the group's higher power, we attempt to practice consensus decision making, and try to reach substantial agreement where possible.

2) Forming Motions:

- a) Matters which require a decision **must be formulated into a motion**. The GSR should help any fellows who wish to advocate for a decision to formulate a motion for discussion.
- b) Motions must be clearly stated and written down
- c) Motions must be **raised at least 1 week in advance** of a Group Conscience to be brought to a vote for decision. These motions must be read out in the meeting preceding the Group Conscience and be distributed on the group communication channels.

3) Group Conscience:

- a) GSR will chair the Group Conscience, allowing a short time at the start for raising of any new issues.
- b) Fellows may raise any matters of group business for discussion in a group conscience, but only the previously shared motions can be voted on and decided.
- c) The **person raising a motion must be present** it to be discussed. The motion is read out by the GSR and the proposer has a chance to explain the motion. In order to proceed the motion must be seconded. If it is not, it will not proceed to a vote and is not further discussed in that Group Conscience.
- d) The GSR should check that everyone understands the motion and allow time for discussion. All members attending a group conscience have a right to be heard on the issues being discussed, especially those with a minority opinion. GSR should allow 1 minute for anyone who wants to speak to ensure all have time to be heard. People may only speak for a second time if everyone else who wanted to has already spoken.
- e) **Votes of the group conscience will be passed by a two-thirds majority in favour, abstentions will not be counted for or against.**
- f) **Any fellow who has attended at least 6 Oxford Wednesday meetings may vote.** Newcomers and visitors do not vote in group conscience decisions.

g) The group conscience may revisit and revise decisions, progress not perfection.

Making decisions as a group

This guide has been prepared by the then group GSR, with input from many other fellows, and Group Conscience discussions. It reflects guidance from other fellows and some input from other groups, along with suggestions previously discussed in the Oxford meetings.

This guide was adopted unanimously at the Group Conscience on Weds 12th August 2020. It can be updated through the Group Conscience decision process.

Background Information:

Relevant Traditions to Group Conscience decision making:

1. Our common welfare should come first; personal recovery depends upon SAA unity.
2. For our group purpose there is but one ultimate authority — a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.
4. Each group should be autonomous except in matters affecting other groups or SAA as a whole.
5. Each group has but one primary purpose — to carry its message to the sex addict who still suffers.

Relevant quotes from the Group Guide:

“...our best group decisions are guided by our reliance on a loving Higher Power, rather than on natural intelligence, special expertise, personal power, or skill at debate.”

“Group conscience is not the same as unanimity, consensus, majority vote, or compromise. Rather than expressing the will of the group, it is the will of our Higher Power as expressed through the group.

There is no one method used by groups to determine group conscience, but it is always wise to test our decisions against the Steps and the Traditions as we proceed. In some cases, the group conscience may be expressed by one individual.

More typically, the group conscience is discovered only after sifting through many different perspectives, and often represents a view no individual member could have come up with on his or her own.

Regardless of our personal views or opinions, we each have a responsibility to play our part in discerning and supporting the group conscience.”

07/2018

SAA – WE DO RECOVER Secretary

Recommended abstinence time N/A

Group attendance for three months preferred

Commitment minimum length 6 months

Summary of role:

A Secretary's role in service to the group is the following:

1. Secretaries' role is to be the voice of the meeting
2. To get to the meeting venue at least 20 minutes before the meeting starts to open and help set up the meeting space if needed.
3. To make sure the meeting begins promptly at the appointed time
4. To read the script of the meeting & read appropriate literature chosen by the group conscience and to distribute this (before the meeting starts to attendees to help with reading of).
5. To arrange a main sharer fellow once a month to share their experience strength and hope with the meeting.
6. To end the meeting at the appointed time promptly, to stay after the meeting for as long as possible (up to 30 minutes) and to close the meeting venue securely.

07/2018

SAA – WE DO RECOVER Treasurer

Recommended abstinence time 3 months abstinent / sober, group attendance for three months preferred

Commitment minimum length 12 months – 1 year

Summary of role:

A Treasurers role in service to the group is the following:

1. To help the running of the meeting smoothly in anyway which I can.
2. To commit to attend the meeting every week for the duration of the commitment. If I cannot attend, I pass my apologies to the group and organise another fellow to collect tradition 7.
3. To get to the meeting before the start time and to make sure the collections book is up to date and filled out before leaving.
4. To make sure a collection pot is available to pass around at tradition 7 time before the meeting starts to avoid disruption during the final readings.
5. To communicate and pay the venue and any other costs agreed by the group
6. To report the financial position of the group to its members in Group Business or Group Conscience
7. To sanction payment requests from tea and coffee, literature, visiting sharers and outreach and request receipts be provided to put in the book for these group costs.

The treasurer's role in reporting to the group is to make sure we always have a group agreed prudent reserve of up to two months' rent. To request any receipts from service members for their functions in group service. To document and record the collections for the group for any reports.

07/2018

SAA – WE DO RECOVER Literature

Recommended abstinence time N/A, group attendance for three months preferred

Commitment minimum length 6 months

Summary of role:

A Literature secretary's role in service to the group is the following:

1. Inventories and maintains meeting literature which must be SAA approved or group approved.
2. To coordinate group purchases with the group treasurer
3. To get to the meeting at least 20 minutes before the start time and to make sure the literature is set up and available for newcomers and members before the meeting starts
4. To be available for any questions from newcomers and members before and after the meeting.
5. To submit any receipts to the treasurer for literature costs
6. To report back to the group conscience any requests and feedback on the role and literature for the group

07/2018

SAA – WE DO RECOVER Group Service Representative GSR

Recommended abstinence time N/A

Group attendance for three months preferred

Commitment minimum length 6 months

Summary of role:

A GSR's role in service to the group is the following:

1. To be the link between the local group and intergroup conveying any updates, news or other information to IG from the group and vice versa. (This includes a monthly report ((filling out a template)) on how the group is doing). This also includes where possible to attend quarterly or biannually - Intergroup meetings.
2. To schedule the local group conscience meetings monthly / quarterly and to give notice to the group for any matters that the group and members want to bring up for consideration by the group in the next group conscience.

(This position is not to "Run" the group conscience, not to judge, or form any conclusions alone but to encourage the group to be aware of the time/schedule of the meeting, to help the group make decisions proposals and voting if needed)

3. To take notes of any outcomes and discussions in GC and feed them back to the group afterward
4. Announce any service positions that open locally in the groups meetings and at IG if needed.
5. To ask each service position holder to report how their role is going in service and if they would like to report anything

Before the group conscience please read tradition 2 (long form) and say serenity prayer in the "we' format.

Before the service commitment time is up begin to announce in the group when that is and encourage others to take on the position to fulfil the groups functions.

2021 Eduardo

Tech Servant - Role description

The role of the tech servant was created to remove the extra technical workload needed on a zoom environment, so the secretary can focus on the social side of the meeting.

It covers everything tech-related that may be hard to do for the secretary while doing the role. The main functions are: (but not limited to)

- Opening the zoom room 10 or 15 minutes before starting time. It is important that the meeting is opened on time, always at the same time, for anyone who wants fellowship before the meeting.
- Admitting people in the room. There is no password for our meetings. People come to the 'waiting room', and we manually admit one by one. Once the meeting is on, we can carry on admitting people. If we don't know the person's name, we will pause to ask them to introduce themselves, just as it would be if a person comes to the physical meeting. If the person does not identify themselves as having a desire to stop addictive sexual behaviours, we will politely remove them from the room. (see 'removing' below).
- Sharing the readings with on the screen. Note: the person sharing (the tech servant) should have a digital copy of the books we read.
- Preparing a list of participants, in whichever order, (usually order of arrival to the meeting) to be used in introductions, and when reading from the main text.
- Making sure there are no unwanted noises which would prevent people from hearing the person sharing. There is a flexibility while we are not in 'sharing time', but if the person is making noise they have to be muted. Note: the only person who doesn't hear the noise is the one making it. When someone is sharing, everyone else must be muted.
- Removing people who are not supposed to be in the meeting. Ours is a close meeting of SAA, so everyone in the meeting must have a desire to stop addictive behaviours. In order to keep members safe, we must quickly remove any people who do not meet this requirement. These can be zoombombers, disruptive members, or anyone who meets all of the following criteria: a) does not introduce themselves, b) is not someone we already know, and c) does not answer a text asking who they are.

Missing Roles:

Room Tech

Newcomers

Outreach