

Tuesday EVENING SAA MEETING

1) **18:45 - WELCOME** to the Tuesday Evening's Meeting of Sex Addicts Anonymous. (My name is _____ and I'm a sex addict). We open the meeting by saying a version of the **SERENITY PRAYER**, using the word 'God' ***as you understand*** God.

2) **[Version of SERENITY PRAYER]**

3) Can we please have a moment of quiet to settle into the meeting and to remember why we're here

4) **Go to Pre amble and guidelines >**

Go to how it works document >

5) Is there anyone here this evening in their first six meetings of SAA?

[NEWCOMER'S INTRODUCTION]

5) We now go through **GROUP INTRODUCTIONS** by saying only

- Our first name
- Whether we feel we are a sex addict or not
- Whether we have a sponsor
- If working the 12 steps - **what step we are on** – please.

Any other information can be shared later in the meeting or outside the meeting format.

7) **FORMAT OF THIS MEETING**

**First Tuesday of the month – a speaker who shares how s/he is working the 12 Steps. Sharing their experience, strength, and hope for 20 minutes, then inviting people to share back.

Today I am delighted to say that we have a main share. ____ has kindly agreed to share his/her experience strength and hope with us.

- May I ask for a spiritual timekeeper? **[wait for it]**

- Would you like the time to be signalled in any way? **[answer]**

- Thank you. Please begin when ready.

Any other Tuesday>

Our group conscience has elected to use the Big Book as our basic text. Time and experience have proven it to be the most successful approach to the 12 Steps no matter what the addictive problem may be. The purpose of this meeting is to **learn from this text** how to improve how we each work the Twelve Steps and to share our experience strength and hope on precisely **how we have used them** in our lives. Some of us prefer reading the text as it is, others prefer to replace words such as 'alcohol' or 'drinking' with 'sex addict', 'acting out' or another word concerned with sexual addiction. Either approach is absolutely fine.

We will now continue reading from where we left off last time - page____. **Please Read a paragraph or two only** and then pass the book. If you don't wish to read, simply say 'pass.' We go round the room clockwise and will continue reading for up to five minutes in total trying to stop at an appropriate point. At that point We will open the meeting for sharing back on what we've read.. Attendees may share more than once per meeting but are encouraged to allow others to share first if they have already shared and to respect the meeting guidelines & format.

Who would like to start reading please?

- 8) **After reading >** Before sharing back our experience strength and hope We would like to remind everybody of the guidelines for this group that we read earlier and to remind everybody that our **primary purpose** is to carry the **12 step** message to the addict that still suffers.

19:15/20 - *Meeting open to share back for newcomers, members struggling and members without a sponsor*

19.40 - *Meeting closes five mins before the end follow below >>*

Go To acceptance is the answer document for reading>

- 8) Thank you everybody for being here and making this meeting possible, that is the end of sharing time in the meeting itself - Can we please remember...Our **SEVENTH TRADITION** states that every SAA group ought to be fully self-supporting, declining outside contributions. [Pass round the pot].
- 9) We have a **group conscience book** in the box that members can write matters that will be brought up in a GC once a month.
- 10) In SAA we encourage you to work the Twelve Steps with a **SPONSOR**. If you don't have a sponsor, speak to any of the service members after the meeting and we will try to arrange a temporary sponsor for you.
- 11) We would particularly like to say **THANK YOU** to those who do service at this meeting helping to make it possible.
- 12) In meetings We also contribute by showing up and by sharing our experience, strength, and hope. We listen to our fellow addicts and try and support them in their recovery journey. Like the first members of our fellowship, we continue to try & remain sexually sober by helping our fellow addict stay sober. Our prayer is that every sex addict who **seeks recovery** will have the opportunity to find it. And keep coming back.
- 13) **ANONYMITY STATEMENT.** In closing, I'd like to remind you about Tradition Twelve: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities." Therefore, WHO you see here, WHAT you hear here, when you leave here, LET IT STAY HERE."