

Joining Details

Dial-in using your phone:

United Kingdom: +44 333 011 0616 Access code: 561 3670

Join FreeConference.com Meeting:

<https://hello.freeconference.com/conf/call/5613670>

NOTE. 5 participants maximum via internet. Encourage participants to use telephone.

International Numbers:

Australia – Pinjarra	+61 8 9520 3110
Belgium – Brussels	+32 2 808 76 34
Canada	+1 867 292 3030
Canada	+1 587 405 1252
Finland – Helsinki	+358 9 74790416
Germany – Dusseldorf	+49 211 95987102
Hungary – Budapest	+36 1 848 0439
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Poland – Warsaw	+48 22 116 86 89
South Africa – National	+27 87 195 0685
Ukraine – Kyiv	+380 89 320 2487
United Kingdom	+44 333 011 0616
United States	+1 712-832-8330

The following are notes that are used at the appropriate time:

1. If background noise is apparent from an attendee who is not on mute.

Pardon my interruption. Please would you each do a positive mute check, there is background noise.

2. If a participant does not speak when passed to in the line-up.

<Name> ... Are you still with us, or perhaps are you on mute?

3. When a participant (e.g. a newcomer) is not following the meeting format.

Pardon my interrupting your share, by group conscience this meeting is a check-in meeting, which means our shares are brief and focused only on each of the questions asked. As a reminder the question is... (*re-state the question we are on*)

4. Where shares include profanity or explicit descriptions.

Pardon my interrupting your share, by group conscience we respectfully ask that all participants refrain from using profanity or explicit sexual descriptions. Thank you.

5. If a disrupter calls in, it is appropriate to say the following one time to let attendees and newcomers know what is going on:

On occasion this meeting is interrupted by a person whose sole intent is to disrupt the meeting. By group conscience, it is the practice of this meeting not to address the disrupter and to proceed with the meeting.

Script for the 7:45 a.m. UK SAA Daily Check-in Call

Trusted Servant should arrive about 5 minutes before the start of the call and take the names & location of callers as they join in the meeting.

NOTES TO TRUSTED SERVANT IN BOLD ITALICS:

Group Conscience asks that you consider asking for a volunteer to act as timekeeper to time the one-minute answers to Question 2. This is not mandatory, but would give the chance for someone to do some ad-hoc service. It is suggested to ask for the volunteer just before commencing the meeting.

Good morning. Welcome to the 7:45 a.m. UK SAA Daily Check-in Call. This check-in is open to anyone who desires to stop their compulsive sexual behaviours, there are no other requirements. This is not a traditional meeting; we take turns answering a list of

three questions. Our experience is that it is possible to be brief and still share in a way that is honest and meaningful and to commit to what it takes to stay sober just for today.

We respectfully ask that all participants refrain from using profanity or explicit sexual descriptions. Please speak in “I” statements, as opposed to “You” statements. Because background noise can be so disruptive to the call, we also ask that participants please remember to mute your phones when you’re not speaking. If your phone does not have the mute feature, you may use *6 to mute and *6 to unmute.

Finally, if at all possible, as a courtesy to others and to keep the meeting flowing, we ask participants to please write down the names of the person who comes before and after you in the line-up. So far on the call, we have... ***(list all in order, starting with self. Do NOT ask for new arrivals at this point, it slows the meeting; there are pick up points throughout)***

Let's start the meeting with a moment of silence, for those who still suffer inside and out of the rooms, followed by the Serenity Prayer.

By group conscience, the trusted servant will say the prayer aloud and others may say it silently to themselves. First, a moment of silence. ***(pause for 5 to 10 seconds)***

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference

Has anyone else joined our call for question #1? ***(take names of any joining the call.)***

I'll now read the order of the participants. I am X in Y and I'll pass to A in B who will pass to C in D, and so on. ***(Let the last person know that for now, they will pass to the chair).***

Question 1: Do you admit you are powerless over sexual addiction and with your Higher Power's help, are you willing to seek sobriety and recovery today? ***(Answer the question and pass on)***

Has anyone else joined us for question 1? ***(State the bottom of the order from the person before the new arrivals through the new arrivals and have the new arrivals answer the question. Again, note that the new last person will, for now, pass back to the chair. Trusted servant also notes any changes in the line-up for folks who have said they are leaving the call.)***

We will now move on to Question 2. A reminder, there is a one-minute time limit for question two. At the end of a minute, the timekeeper will quietly and gently say “Time” and please wrap up your share at that point.

Question 2: Is there anything in the past 24 hours or anything in the upcoming 24 hours that endangers your sobriety, and what solutions can you use to overcome temptations or handle life today? ***(Emphasize “one minute” if it is a busy call. Trusted servant answers the question and passes, etc.)***

Has anyone else joined us for question 2? ***(State the bottom of the order from the person before the new arrivals through the new arrivals and have the new arrivals answer the question. Again, note that the new last person will, for now, pass back to the chair. Trusted servant also notes any changes in the line-up for folks who have said they are leaving the call.)***

Now Question 3: Name one thing you are grateful for and are you willing to turn your will and your life over to God, as you understand God? ***(Emphasize “just one gratitude” if it is a busy call. Trusted servant answers the question and passes, etc.)***

Has anyone else joined us for question 3? ***(Have the new arrivals answer the question.)***

Now is time for announcements. The Seventh Tradition states that "every group ought to be fully self-supporting, declining outside contributions." 12-step meetings around the world pass a basket to receive donations that are used to support recovery. Because that activity is not possible in our tele-meeting, we would encourage you to consider making a donation to the UK Intergroup at saauk.info/donate or the Tele-meeting Intergroup at saatalk.info/donate. Your donation will help all of us in our recovery.

We welcome any newcomers to the call and suggest that in addition to this call you attend a traditional face-to-face or tele-meeting, get a sponsor and work the steps. It works if you work it.

After the meeting, the virtual meeting room will be open for anyone who has a question about the program or just wants to continue fellowship. To enter the virtual meeting room all you have to do is stay on the line. The room will remain open as long as there are two callers on the line. If you hear music, it means you are the last caller and the room is closed.

Are there any other announcements for the good of the fellowship?

(Allow any participants to announce. After a moment move on)

Let's end the meeting with a moment of silence, for those who still suffer inside and out of the rooms, followed by the third step prayer.

Again, by group conscience, the trusted servant will say the prayer aloud and others may say it silently to themselves. First, a moment of silence.

God, I offer myself to you, to build with me and to do with me as you will. Relieve me of the bondage of self that I may better do your will. Take away my difficulties as victory over them may bear witness to those I would help of your power, your love and your way of life. May I do your will always.

Thank you for allowing me to be of service and I wish everyone have a safe, sane, and sober day. The virtual meeting room is now open.