

## SAA Daily Guidelines

We do not cross talk. This is offering advice or giving unsolicited feedback, either verbally in shares, in the meeting chat, or in private messages.

We do not reference acting out locations, media or publications when sharing.

We do not post any form of media in the chat that is unrelated to the 12 step program.

We do not speak in "You" or "We" terms when sharing. Please speak in "I" terms.

We do not refer to - or engage with - a participant in a manner that could be deemed sexual or inappropriate - either verbally in the meeting, in the chat, or in private messages.

We do not use this meeting as a platform to seek out sexual partners.

We do not refer to prescriptions, alcohol or other mind altering substances in a manner that could be triggering to fellows with similar addictions or struggles.

We do not recommend prescriptions - either verbally in the meeting or in the chat.

We do not share at the meeting if intoxicated or on any other substance that impairs clear thinking. The meeting along with its participants needs to be respected.

This meeting is audio only, so please keep your video camera OFF.