

Friday Men's Group Meeting

Good evening everyone, and welcome to the Friday Meeting of Sex Addicts Anonymous.

My name is and I am a sex addict.

This is a non-smoking venue. We ask also that people turn off their mobile phones or switch them to a silent mode and keep distractions to a minimum. Thank you.

invite apologies/updates for absent members

SAA is a fellowship of men and women who share their experience, strength and hope with one another, that they may solve their common problem and help others to recover from sex addiction. The only requirement for membership is a desire for freedom from sex addiction. There are no dues or fees for SAA membership: we are fully self-supporting through our own contributions. SAA is not linked to any sect, denomination, politics, organisation or institution, nor does it wish to engage in any controversy, and it neither endorses nor opposes any other causes. Our primary purpose is to stay sober and help other sex addicts to achieve sexual sobriety.

This is a closed meeting of SAA. In view of our singleness of purpose we respectfully ask that sharing be confined to sex addiction and that when discussing our problems we restrict ourselves to those problems as they relate to sex addiction. Please avoid mentioning specific places where you have acted out, and avoid naming publications, broadcasts or other services you may have used. Please also avoid using slang names for acting out behaviours.

There may be people who are new to SAA and may therefore be unfamiliar with our tradition of anonymity at the level of press, broadcast media and the world wide web. This tradition is a constant reminder to us that personal ambition has no place in SAA. We are sure that anonymity is the greatest safeguard we can ever have and we therefore seek your co-operation in protecting all our members at a public level.

Can we please have a moment's silence to remember Tradition 5: 'Each group has but one primary purpose – to carry the message to the addict who still suffers'

15 – 20 seconds silence

Thank you. Now has agreed to read Our Message.

Our Message

Thank you. Now has agreed to read the Abstinence Statement.

Abstinence Statement

Thank you.

introduce main sharer, reader or other meeting format

after main share etc. (approx 15 – 20 minutes)

Thank you

Now the meeting will be open for sharing back. Please try to consider the amount of time you share for, in order to give everyone the opportunity to share back if they wish. Tonight this will be around . . . minutes each.

if necessary, ask for someone to time shares and give notice for sharers to finish up

We aim to close the meeting at around 8:15. The meeting is now open.

general share time

Thank you. We have now come to the end of share time and has agreed to read our Closing Message.

Closing Message

Thank you If anyone here does not have a sponsor and would like help to work the programme, please ask a group member after the meeting. Will group members please raise their hands.

Both SAA and AA literature is available at this meeting at cost price, some of it free for newcomers. Please see if you are interested in any books or leaflets.

Tradition 7 states that 'every group should be fully self supporting, declining outside contributions'. In view of this we ask that you contribute as generously as you can. If this is your first meeting please do not feel you have to contribute.

collection of contributions

group announcements

Could we have volunteers to help clear up and wash up please? Thank you. Thanks to all those who have done service this evening, and I would like to thank for taking the time to share his experience, strength and hope with us: would please lead us out in the Serenity Prayer.

Serenity Prayer