**GENERAL GROUP CONSCIENCE NOTES (for 7:45 UK Check-in Call Group)**

This is not a traditional meeting. In general, the daily script is read by a trusted servant and the call is observed by all participants without the requirement for frequent conscience meetings.

However, on occasion there may be a need to discuss and agree a proposed amendment to the format and script of the meeting, or to determine and agree some other action.

Group conscience for this daily tele-meeting occurs quarterly at 8:30am UK time (or after the meeting, if meeting lasts longer than that) on:

* 2nd Sunday of March
* 2nd Sunday of June
* 2nd Sunday of September
* 2nd Sunday of December

It is not mandatory that the quarterly meetings have any changes proposed, and can simply ask if the meeting is maintaining its objective as a daily check-in for sex addicts.

Additionally, a group conscience meeting can be carried out by exception, if there is a particular issue to address.

If you wish an item to be discussed by Group Conscience, please first briefly raise the topic (only the topic, not to actually discuss about it) at “Any Other Announcements…” during a daily call, to then further discuss after daily calls in the virtual meeting room.

It may be something that can be discussed and worked through with other fellows in the virtual meeting room after the call, without the need for a Group Conscience meeting.

If you still wish to raise an item to be discussed by Group Conscience, please send an email to [morningcheckin@outlook.com](mailto:morningcheckin@outlook.com) detailing what amendment you propose to the format and script of the meeting, or about what action you propose should be taken by the group about a situation.

When making your proposal for a discussion item, please:

* be unambiguous
* state what perceived issue you think needs to be overcome
* be specific about what objective or outcome you are proposing

The Group Service Representative (GSR) for the group may contact you to discuss further if there is a need for a Group Conscience meeting, or if the issue can be attended to by other means.

Where a Group Conscience is to take place, there will be at least one week’s notice, with the notice stated at each daily meeting during group announcements. This allows as many participants as possible to be made aware of the upcoming meeting, to diarise it and to consider and reflect on the topic to be discussed.

A Group Conscience is chaired by the Group Service Representative (GSR), or a deputy if the GSR is not available or is not at the meeting.