

The 11th SAA 'From Shame to Grace' Mixed Spring Retreat

12th – 14th April, 2019
Douai Abbey, Berkshire

A weekend of fellowship, recovery and spirituality for men and women in SAA

Join us from Friday evening to Sunday afternoon for SAA meetings, meditation, fellowship and relaxation in the grounds of Douai Abbey. Our events are planned around the daily Offices of the Benedictine Monks in the Abbey, offering an opportunity to attend their services throughout the day, if you wish.

The all-inclusive cost is

Waged	£ 175
Un-Waged	£ 85

Accommodation is available for up to eighteen guests. Places are reserved upon payment of a £30 non-refundable deposit (£15 for Un-waged). Limited bursaries may be available to those considering attending but experiencing financial hardship. Please ask for details. The balance will be due at the end of March.

The Abbey have asked that we confirm final numbers by 29th March. There may be places available beyond then but a reservation is no longer guaranteed.

For more information or to book a place, please contact:

Matt : 07989 855 958

or Antonios : 07786 068 901

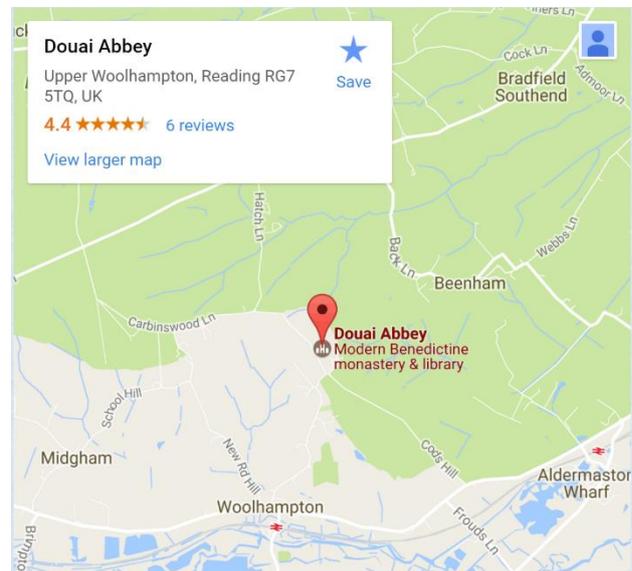
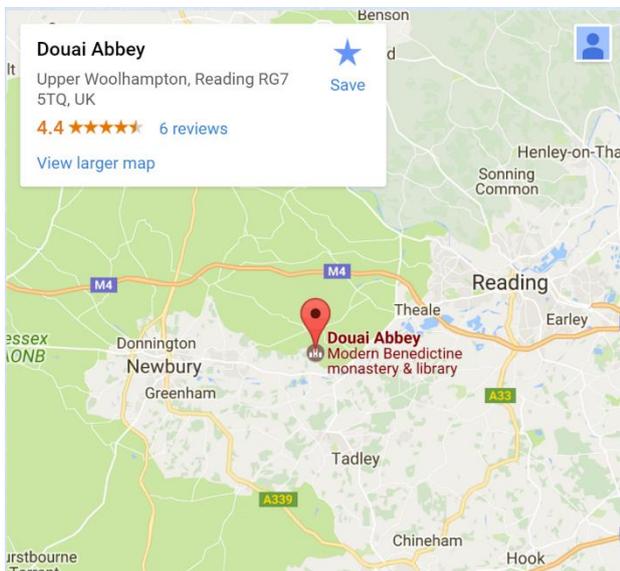
SAAUKSpringRetreat@gmail.com

AntoniosRecovery@hotmail.com

Women may wish to contact Anne, a previous attendee, on 07952 926 763 who is willing to share her experience of attending.

More details about the location can be found at the Douai abbey website here :

<http://www.douaiabbey.org.uk/>



Douai Abbey can be reached by car and is just off the A4 at Upper Woolhampton between Reading and Newbury. The Nearest train station is at Midgeham

When making a booking, please provide the details below to matt at the email address above

Name	
Contact Phone No	
Contact e-mail address	
May we share your contact details with others on the retreat ?	
Where are you travelling from ?	
Would you like to share a lift ?	
Do you have any special dietary requirements ?	